

Go Greek in that Glass!

by Tanji on June 10, 2017 and posted in Helen Greek Food and Wine, Weekly Gems, Wine Critics, Wines



There's a fantastic little Greek restaurant tucked into the charming Rice Village neighborhood in Houston called [Helen Greek Food and Wine](#). Yes, you'll flip for the food but spend some serious sipping time on their wine list. Every single bottle on that list (and there are many) is from Greece!

My first experience with Greek wine was in Greece about 25 years ago. It was so memorable that I never wanted to try Greek wine again—until now. Greek wine producers have dramatically improved from my first foray into their product. More education, modern wine making techniques and the like are resulting in some seriously good stuff.

The Greek whites are my favorite – I'm still learning about the many varietals, but can recommend a couple to try. These wines offer some great combinations of crisp minerality and lovely citrus and floral notes, perfect for summer pairing with seafood, light pastas, even Thai food. Varietals I think you'll like —

Assyrtiko – Biblia Chora produces one called Areti White that I enjoyed.

Malagousia – Ktima Gerovassiliou makes a good one.

The names are challenging but worthy of your time. If you missed my interview and tasting with New York Times wine critic Eric Asimov, you can [learn more here](#). Have fun exploring!